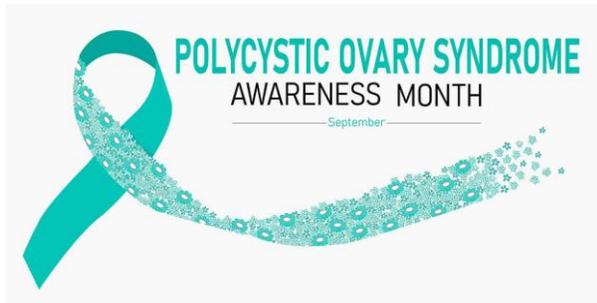


Sponsor our 1st Annual Awareness Walk!



WE ARE WARRIORS!

Voices of Strength, Agents of Change:
We Will Thrive!

Global Action, Local Impact:
Keep Moving Forward!

GALVESTON ISLAND'S
1st Annual PCOS & Sickle Cell Awareness Walk

WHEN: Saturday, September 27, 2025

WHERE: MENARD PARK, 2222 28th St. Galveston, TX 77550

TIME: 8am – 11am

Contact Info: Mrs. Limesha Solomon Cell: 832-998-6880 Email: LimeshaS@gmail.com

- In need of fitness instructors for demonstrations and information on nutrition and exercises.
- Donations of products for participants.
- Sponsors will be featured on our shirts, promoted on my social media as well as any media coverage such as local newspaper, local organizations social media, and local news media.

YOUR SUPPORT IS APPRECIATED!

- September is the awareness month for both PCOS & SCA. This walk is personal and purposeful to shine a light on the daily journey of fighting for our lives.
- 1 in 10 women have PCOS & many are misdiagnosed or undiagnosed.
- 100,000 Americans are living with SCA & 1 in 365 Black babies and 1 in 16,300 Hispanic babies are born with SCD. 1 in 13 Black individuals carry the trait.
- I have PCOS and I know several individuals who are living or have passed from SCA, and it's important to bring awareness for people to understand all that comes with each diagnosis as well as unify in strength. We're stronger together!